

<b>Transformations Medical Weight Loss</b>	<b>Transformations 28</b>
This plan is for someone who wants to lose 20 lbs. plus, and who has a history of dieting and desires more support.	This plan is for someone who wants to lose 10-15 lbs. or if you just want to kick off your weight loss with a bang.
\$385 for the first week (includes a start up fee, 7-10 days of food, and a month of supplements)	\$499 up front or \$129 per week for 4 weeks.
\$90-\$120 plus supplement costs there after.	4 week option only and the costs include all start up fee costs, food & supplements (additional weeks can be added later).
Must attend information session.	No information session required, but health profile must be screened by health coach.
Provider approval needed & intervention possible.	No medical provider approval or intervention, which makes for a quick start up process.
Includes a weekly visit, as many as it takes to get to goal.	Four weekly visits (after the initial one is complete).
Same Diet Protocol - *only difference is choice of foods is more limited/simplified for the T28 plan.	
<b>Both Plans</b>	
Lifestyle Maintenance Program offered at an additional cost of \$40 per visit.	
Educational class offered & included with the program fee.	
Educate on using the food in maintenance.	
Repeatable and great results, including gourmet protein foods.	